

Spiritual Healing



PARTIAL HANDS ON SERVICE DELIVERED AT THE LILACS CABIN

In the safe comfortable and relaxing environment of the spiritual cabin, enjoy the healing energies of Reiki.

Spiritual healing is a gentle, loving way to help bring benefit. Relief from discomfort and difficulties, physical and emotional. A complimentary support to regular medical treatment, which may aid recovery.

Before the healing session starts, we discuss the dis-ease or dis-comfort symptoms and how they affect both the physical and emotional. This helps the healing focus on the areas most in need, as well as providing gentle relaxation, a natural self-healing technique.

With gentle relaxing music and aromas of essential oils perfuming your Reiki session, you are invited to lose all sense of time and escape the outside world.

The session begins with hands placed gently beneath and holding your head for a short while as Tracey carries out a body scan. This is the only part of the service that is hands on.

As you close your eyes and relax, the healing Reiki energies are sent across your whole body, with focused healing on any areas identified or requested.

Spiritual healing is non-invasive and available to anyone over the age of 16.

We do offer group sessions and home visits

Please read our disclaimer on our website